

# Forsyth County Board of Health



- Dr. James B. McLain, D.D.S.  
*Chairman*
- Vera S. Robinson. OTR  
*Vice-Chairman*
- Beaufort O. Bailey
- Dr. B. Keith Cash
- Judi C. Chandler
- Nancy R. Hardie.
- Randall G. Kale
- Dr. Ricky R. Sides, D.C.
- Dr. Susan K. Ziglar, M.D.
- Calvert B. Jeffers, Jr., DVM
- Jane Bradner Mosko, RN, CRNA

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## BOARD OF HEALTH

### MINUTES

September 28, 2005

#### MEMBERS PRESENT

Dr. Bruce McLain  
Ms. Vera Robinson  
Dr. Ricky Sides  
Dr. Keith Cash  
Dr. Calvert Jeffers  
Ms. Judi Chandler  
Mr. Beaufort Bailey

#### MEMBERS ABSENT

Ms. Nancy Hardie  
Ms. Jane Bradner Mosko  
Dr. Susan Ziglar  
Mr. Randall Kale

#### STAFF PRESENT

Dr. C. Timothy Monroe  
Mr. Matt Dyson  
Ms. Tommie Bowen  
Dr. Lynn Hale  
Mr. Abdul Natour  
Mr. Bob Whitwam  
Ms. Peggy Lemon  
Mr. David Foster  
Ms. Lynne Mitchell  
Mr. Eric Williamson  
Ms. Ayo Ademoyero

On Wednesday September 28, 2005, the Forsyth County Board of Health held its October 2005 meeting a week early in the Board Room at the Forsyth County Department of Public Health. Dr. McLain, Chair, called the meeting to order at 5:40 p.m.

**Approval of Minutes:** Minutes of the September 7, 2005 Board of Health meeting were approved.

#### **Old Business:**

Dr. Monroe gave a preview on the Forsyth County Health Summit that will be held on Tuesday, November 1, 2005. This will take place at the Benton Convention Center from 7:30 a.m. to 12:30 p.m. Topics of interest that will be discussed at the Summit will include policy recommendations that can improve the quality of life in this community. These recommendations fall under the headings of the four existing working groups of the Forsyth County Healthy Community Coalition: Reproductive Health, Domestic Violence, Lifestyle/Behaviors, and Racial Disparities in Health Outcomes. Dr. Monroe summarized the 8 Position Papers as follows:

1. That the WS/FC Board of Education adopt the 100% Tobacco Free Schools policy.

2. That all schools shall achieve the Superior level of nutrition standards in all categories as described in *Eat Smart: North Carolina's Recommended Standards for All Foods Available in School*.
3. That the WS/FC Board of Education enact policy whereby the district may only sign exclusive "Pouring Rights" contracts with beverage companies for beverages that meet the Superior level for A la carte Items and Beverage Vending as described in *Eat Smart: North Carolina's Recommended Standards for All Foods Available in School*.
4. Domestic Violence: (1) Integrate relationship violence education into the middle school health curriculum. (2) Continue and expand current dating violence prevention and intervention programs in all Winston-Salem/Forsyth County high schools through LifeSkills classes. (3) Increase affordable and available permanent and transitional housing in Winston-Salem and Forsyth County. (4) Expand Winston-Salem Transit Authority's bus routes and hours of operation.
5. That the City-County Planning Board, the Winston-Salem City Council, and Forsyth County Board of Commissioners follow the planning concepts proposed in *The Legacy Comprehensive Plan* and seriously consider these planning concepts in their decision making processes and support the 150 action items identified in *The Legacy Plan*.
6. That the City-County Planning Board create a public health advisory function (committee, board, etc.) The FCHCC is joined by the Forsyth County Board of Health in requesting of the City-County Planning Board, the Forsyth County Board of Commissioners, the Winston-Salem Mayor's Office, and the Winston-Salem City Council each participate in a effort to explore the feasibility of creating and sustaining such an entity.
7. That the Winston-Salem City Government and the Forsyth County Government pay their employees a living minimum wage (\$9.30 per hour with health benefits, or \$12.00 without health benefits for a full-time, year round worker); and that those governments require that any contractor they hire, and any business receiving tax abatements or other subsidies from those governments also pay a living minimum wage to their employees.
8. That local health care providers who provide care for sexually active women should include the following items in their protocol for each annual visit: (1) Educate and counsel patients about planning for pregnancy, birth control options and emergency birth control. (1) Prepare patients for handling a birth control emergency. (3) Educate and offer patients an advance prescription for emergency birth control that can be filled within one year. (4) Inform patients that emergency contraception is available locally.

He informed the Board that he had already talked to staff at the City County Planning Department about item # 6. He asked for the liberty to indicate that the Board of Health supported it as in the text. Dr. Ricky Sides made a motion to support it and Judi Chandler seconded the motion. The Board voted unanimously that they would support the item.

Dr. McLain gave an update on the Petition from the PTA concerning School Nurses. He mentioned that he had spoken to Donny Lambeth with the Forsyth County School Board earlier that day. The two of them had discussed the possibility of the Board of Health Members and the County Commissioners getting together with Mr. Lambeth for a breakfast/meeting soon to discuss the Petition for the School Nurses. Mr. Bailey thought that this was a very good idea and he felt that the County Commissioners would be very interested in attending something like this. He suggested that the best place to have the meeting might be somewhere at one of the offices affiliated with the School System. Dr. Monroe said that he would be out of the office for two weeks and that when he got back, he would work on setting this up.

#### **New Business:**

Ms. Ayo Ademoyero gave a Communicable Disease Report for the first and second quarter of 2005 (copy attached).

**Division Report:**

Mr. Bob Whitwam, the director of the Division of Environmental Health, presented the Division Report for this month (copy of document attached). He pointed out that the past year had been one of recovery, training and making a transition into the future. He gave an update on the many projects that were mentioned in his last report of 2004.

**Committee Report:**

Dr. Ricky Sides gave a report on the Nutrition Committee's Meeting that was held on Thursday, September 1, 2005. Dr. Robert Schwartz was the speaker at the meeting and he gave a presentation on N.C. initiatives against childhood obesity. Dr. Sides announced that the committee would be presenting "Family Night" for kindergarten and first grade families. The event will take place in the school cafeteria at South Fork Elementary School on Friday, October 7, 2005. It will be from 6:00 to 7:30 p.m. Parents and children may visit some learning centers and then participate in a free meal. The meal will consist of "Soul Stew" and cornbread. The learning centers will focus on approximately seven different topics concerning nutrition.

**Other Business:**

Dr. Jeffers made a motion to adjourn and Dr. Sides seconded the motion. The meeting adjourned at 7:25 p.m.

Respectfully Submitted,

Dr. C. Timothy Monroe  
Secretary to the Board

CTM/tb