

# Forsyth County Board of Health



- Dr. James B. McLain, D.D.S.  
*Chairman*
- Vera S. Robinson. OTR  
*Vice-Chairman*
- Beaufort O. Bailey
- Dr. B. Keith Cash
- Judi C. Chandler
- Nancy R. Hardie.
- Randall G. Kale
- Dr. Ricky R. Sides, D.C.
- Dr. Susan K. Ziglar, M.D.
- Calvert B. Jeffers, Jr., DVM
- Jane Bradner Mosko, RN, CRNA

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## BOARD OF HEALTH

### MINUTES

March 2, 2005

#### MEMBERS PRESENT

Dr. Bruce McLain  
Ms. Vera Robinson  
Ms. Nancy Hardie  
Ms. Judi Chandler  
Dr. Ricky Sides  
Mr. Randall Kale  
Mr. Beaufort Bailey  
Dr. Calvert Jeffers  
Ms. Jane Mosko

#### MEMBERS ABSENT

Dr. Susan Ziglar  
Dr. Keith Cash

#### STAFF PRESENT

Dr. C. Timothy Monroe  
Mr. Matt Dyson  
Ms. Tommie Bowen  
Dr. Lynn Hale  
Mr. Abdul Natour  
Mr. Bob Whitwam  
Ms. Peggy Lemon  
Mr. David Foster  
Ms. Lynne Mitchell  
Ms. Ayo Ademoyero

On Wednesday March 2, 2005, the Forsyth County Board of Health held its regularly scheduled meeting in the Board Room at the Forsyth County Department of Public Health. Dr. McLain, Chair, called the meeting to order at 5:44 p.m.

**Introduction:** The Board introduced and welcomed new members, Ms. Jane Mosko and Dr. Calvert Jeffers. Mr. Randall Kale, Ms. Jane Mosko and Dr. Calvert Jeffers took their oath of office that was initiated by Dr. McLain.

**Approval of Minutes:** Minutes of the February 2, 2005 Board of Health meeting were approved.

#### **Old Business:**

The date for the Annual Retreat was selected for Saturday, April 23, 2005. This will last approximately six hours, starting around 8:00 a.m. or so and finishing up around 3:00 p.m. We will have a preliminary agenda sometime between now and then.

Dr. Monroe announced that the Board Members' Notebook Prototype was ready for them to view. The notebooks will be completed and distributed to the Board at the Annual Retreat.

Matt Dyson presented the Budget Review for the FY 05-06. The budget package has been submitted to the Forsyth County Budget Department for approval. The Health Department has an 18.7 million dollar budget. The department is asking for 13 new positions, which would be approximately \$441,854. The Laboratory has requested \$65,000 for equipment that will allow them to do D.N.A. Testing. Environmental Health has requested \$70,000 for electronic scanning of well and septic tank project cards. The Pharmacy has requested \$800,000 for increased inventory. Administration has requested \$93,314 for insurance premiums. The department has requested an additional \$114,500 for general operating costs. The department will be losing three positions that are grant funded. We could possibly lose more. At this point, we do not know about any additional cuts.

Dr. Monroe discussed the School Health Advisory Council. At the present time there are 20 members, Dr. Monroe being one of those members. He also mentioned that Dr. Dillard and some of his staff at the hospital are members. Mayte Grundseth was voted in at the last meeting to serve as the Nutritionist. The council is currently working on smoke free school campuses and nutrition issues such as A La Carte Menus. Dr. McLean discussed the issue of obesity in schools. He passed around the results of a kids' screening that was done and it indicated that 50% of the children turn out to be obese.

Dr. Bruce McLain and Dr. Monroe discussed the Cigarette Tax Resolution urging the Governor and the General Assembly of N.C. to increase the tax on cigarettes. Dr. Sides made a motion to accept the Resolution; Ms. Judi Chandler seconded the motion. The Board accepted and passed the Resolution. Dr. McLain signed the Resolution and then read it. This resolution is asking for an increase of 75 cents that would generate an estimated \$380 million in new revenue for the State of North Carolina. This increase would result in a 17.3% decrease in youth smoking rates. It would prevent 113,000 children from starting to smoke and hopefully save 36,100 from premature smoking-related deaths. It was mentioned that 47 schools in North Carolina have supported the Governor's 100% Smoke Free Policy. Dr. Monroe mentioned that he could put together a draft letter to the Governor from the Board.

### **New Business:**

The Board Members involvement with the staff was discussed briefly. A suggestion was made that a member could start with the division that they are interested in and then rotate to another division. The object is to spend time with the staff in every division so that the members will see what takes place on a day to day basis. The members may possibly go out in the field with an inspector from Environmental Health, a Health Educator from Preventive Health, or a Public Health Nurse from the Nursing Division. They may visit the Laboratory and Pharmacy and observe these divisions in its entirety as well. This will be open for a later discussion which will allow for planning and preparation.

### **Legislative Issues**

The Preventive Health Block Grant was the first Legislative Issue that was discussed. Each Board Member received a copy of this Grant. The Board voted on the Resolution to join all N.C. Boards of Health in urging our Congressional Delegation to continue full funding of this Grant for the FFY 05/06 Budget. Ms. Vera Robinson made a motion to pass the resolution. Dr. Sides seconded the motion to pass it. The Board accepted and passed the Resolution. Dr. McLean signed it and then read it to the Board. Dr. Monroe stated that if they were interested, he could send the Board electronically formatted sample letters that they could send to our Senators and Legislators concerning this Grant issue.

The second Legislative Issue that was discussed was the Board of Health Composition. Dr. Monroe stated that we needed one more Board Member to serve the population that we have in Forsyth County. Currently, we do not have the representation of Board Members in Forsyth County as we should. Vera Robinson feels like we should possibly expand the Board. Beaufort Bailey made the suggestion that the Board of Health and the Board of Commissioners arrange a meeting between the two groups. He feels very strongly that a lot can be accomplished by sitting down, talking and just hearing each other out. The Board agreed that this is something that needs to be done.

### **Division Reports:**

The Division Director for the Laboratory, Abdul Natour reported about the work that him and the staff do in the Lab. They receive requests for approximately 54,000 to 67,000 tests per year. Of these requests, 90% of the procedures are performed in-house and 10% are sent to the State Laboratory in Raleigh where more specialized equipment is available. He discussed comparative salaries of the Lab Positions with other counties in North Carolina. The Laboratory will soon be receiving a new piece of equipment called The Aptima. It will improve sensitivity in the detection of Chlamydia and G.C. This equipment is very sensitive and will lead to the diagnosis of a positive patient at earlier stages of their disease. This type of technology requires intense training and Lab Technicians with high levels of experience. Retaining these employees with such expertise is a must. Abdul and his staff are very excited that the Lab will be only one of a few Public Health Laboratories in the State of North Carolina that will offer this advance testing.

### **Committee Reports:**

Vera Robinson reported that the Healthy Carolinians will be meeting in Raleigh on March 22, 2005. She reminded the Board that April was Public Health Month.

### **Other Business:**

Dr. Monroe informed the Board that the Planning Department might have an open position. We might want to try to get Lynne Mitchell on it. She would be the ideal recommendation for representation from the Health Department. She doesn't live in the county, but this is something that needs to be looked into.

A **motion to adjourn** was made, duly seconded, and passed by members of the Board at 7:30 p.m.

Respectfully Submitted,

C. Timothy Monroe, MD, MPH  
Secretary to the Board

CTM/tjb