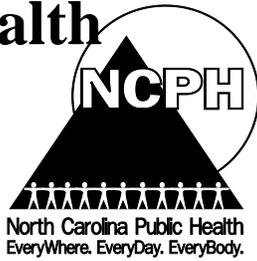


# Forsyth County Board of Health



- Dr. Linda L. Petrou, PhD, Chair
- Dr. James K. Doub, OD, Vice Chair
- Mr. John Davenport, Jr., PE
- Ms. Carrie D. Fernald, RN, MSN, AGPCNP-BC, FCN
- Dr. Calvert Jeffers, DVM
- Dr. Charles F. Massler, DDS, M.Ed.
- Dr. Willard L. McCloud, Jr., MD
- Dr. Scott E. Schroeder, DVM
- Mr. J. Phil Seats, R.Ph., MBA
- Dr. Ricky Sides, DC
- Ms. Gloria D. Whisenhunt, County Commissioner

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## BOARD OF HEALTH MINUTES January 6, 2016

### MEMBERS PRESENT

Dr. Linda Petrou, Chair  
Dr. James Doub, Vice Chair  
Mr. John Davenport  
Ms. Carrie Fernald  
Dr. Willard McCloud  
Mr. J. Phil Seats  
Dr. Ricky Sides  
Ms. Gloria Whisenhunt

### STAFF PRESENT

Mr. Marlon Hunter  
Ms. Lorrie Christie  
Ms. Glenda Dancy  
Ms. Yalonda Galloway  
Ms. Marie Moukdarath  
Ms. Quintana Stewart  
Mr. Edwin Stott  
Ms. Ethel Evans  
Ms. Allison Gollon

### MEMBERS ABSENT

Dr. Calvert Jeffers  
Dr. Charles Massler  
Dr. Scott E. Schroeder

### **Call to Order:**

On Wednesday, January 6, 2016, the Forsyth County Board of Health held its regularly scheduled monthly meeting in the Boardroom at the Forsyth County Department of Public Health (FCDPH). Dr. Linda Petrou called the meeting to order at 5:32 p.m.

### **Consideration of Minutes:**

The minutes of the December 2, 2015 Board of Health Meeting were reviewed by the Board. Dr. Petrou asked for a motion to approve the minutes. Ms. Gloria Whisenhunt made a motion to approve and Mr. John Davenport seconded the motion. The minutes were approved by the Board.

### **Public Comment Section:**

Board Members and staff introduced themselves.

**Health Director's Comments** – In recognition of our 100-Year Anniversary, Mr. Marlon Hunter started by saying it is an honor to lead an organization that has reached such a milestone and he is proud to be part of it and grateful to be the Public Health Director. Mr. Hunter went on to share a few of the things that will be going on throughout the year to celebrate our 100-Year Anniversary, such as:

- starting the year, January 4<sup>th</sup>, with a zumba break in the lobby to encourage exercise and being healthy
- having a theme each month to highlight each program area
- a big celebration in April – Mayor will come to read a proclamation
- a street sign will be put up called Public Health Way during the month of April
- a cornerstone will be put at the corner of the building to recognize Board of Health members

Mr. Hunter reported we are in the process of preparing our budget - Ms. Marie Moukdarath will present it at the April board meeting.

Mr. Hunter announced that he and Mr. Edwin Stott worked with Human Resources to get some part-time Environmental Health people and have hired three so far. A forth part-time person is scheduled to start soon. They also did a minor reorganization. Mr. Stott added with the extra staff they should complete 600+ inspections – more than 300 inspections by July. Ms. Carrie Fernald asked if grading is still supposed to be publicly displayed and Mr. Hunter responded yes, it should be in full view.

Mr. Hunter shared with Board members that he nominated Representative Donny Lambeth for Leader of the Year – Mr. Lambeth won and will be recognized at the end of January.

Lastly, Mr. Hunter introduced Ms. Allison Gollon, one of four of our Public Health Associates. He expressed his appreciation and said he values the work the Associates do for the department.

### **New Business:**

**Older Adult Focus Group – Findings and Recommendations** – Ms. Gollon started as a PH Associate in 2014 and has been working with adult education during her second year. She shared with Board members some of the findings and recommendations from her older adult focus group that she facilitated. Ms. Gollon stated that 13% of the population in Forsyth County is older adults (60 and older). The populations underrepresented in the focus group included Latino/Hispanic, males and those who were housebound. The most populated group was those age 81 and over. Some of the barriers for older adults participating in community-based physical activity programs included: access to transportation; lack of commitment; health related problems; poor marketing; program related problems; fear and intimidation; and time

Based on CDC's Guide to Strategies to Increase Physical Activity in the Community, some of the action steps to help eliminate barriers included: offer programs within existing structures where people live; offer programs at no cost; create social supports/buddy system/accountability; create organized walking groups for older adults (indoor and outdoor); market programs in areas where older adults frequent such as churches, medical facilities, grocery stores, etc.; offer falls prevention and tai-chi classes; partner with health care, mental health and rehabilitation facilities; offer varying levels of workout/intensity and post accordingly; create a more supportive atmosphere; train program leaders to better understand needs of older adults

Ms. Gollon concluded her presentation by giving some recommendations specific to the department (copy of presentation on file in Administrative Binder).

Mr. Hunter added that public health in light of 100 years has been instrumental in improving life expectancy.

**Old Business:**

None

**Committee Reports:**

None

**Adjourn:**

Dr. Petrou requested a motion to adjourn. Dr. James Doub made a motion and Mr. Davenport seconded. The meeting adjourned at 6:25 p.m.

A handwritten signature in black ink, appearing to read "Marlon B. Hunter". The signature is written in a cursive, flowing style.

Marlon B. Hunter  
Secretary to the Board  
MBH/lgc